

Student Membership Guide



Start your career on the right track with the ODA





On behalf of the Ontario Dental Association (ODA), congratulations on choosing an outstanding career in dentistry.

The ODA is the professional association for Ontario dentists. We're here for you as you navigate each phase of your dental career. ODA members have exclusive access to a long list of solutions, services and resources designed to benefit not only your careers, but also our great profession.

In the following pages, you'll find a brief overview of some of the benefits available to student members. Your student membership fee covers all years at dental school and your first year of practice in Ontario. We're happy to offer this deeply discounted rate to help you begin your relationship with your professional association. To become a member of the ODA, please refer to the application on page 11, at the back of this brochure.

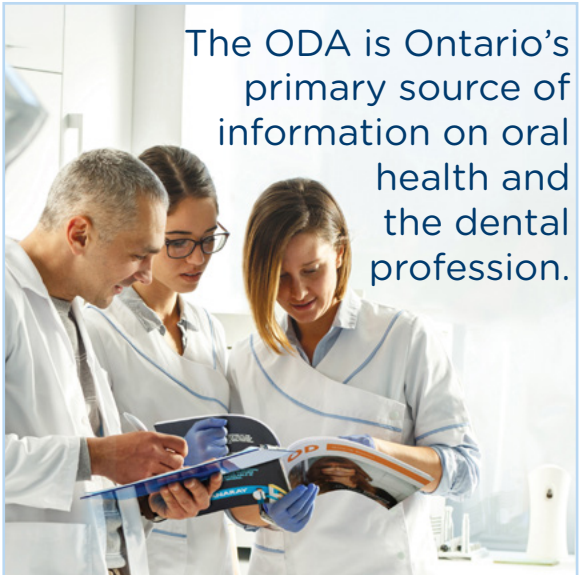
As you become more familiar with the ODA and the work we do, you'll notice that we strongly believe in organized dentistry. Being a member of the ODA means belonging to a larger organization — the Canadian Dental Association — and contributing to a national, unified voice with which we can represent and advance the best interests of dentists, the public and the profession. It's an important concept and one to which we're committed.

Personally, I have been an ODA member for 40 years. With my ODA membership, I have been able to network with dental colleagues at the Annual Spring Meeting, local Component Society and other ODA events. Meeting with fellow dentist enables the sharing of ideas and insights. New graduates and early career dentists are able to connect with practice opportunities and mentor dentists.

Welcome to the profession, and welcome to the ODA.

A handwritten signature in black ink that reads "David A. Brown". The signature is fluid and cursive, with a small flourish at the end.

Dr. David A. Brown
Chair, Board of Directors and President



Introducing your dedicated ODA Coordinator, Events and Programs, Student Services: **Courtney Willis**

Courtney has established a track record in Events and Program management. She is available to provide you with access to answers, information and any other support you need as a student member of the ODA.

You can contact Courtney at 416-922-3900 or 1-800-387-1393 (extension 3318) or by email at cwillis@oda.ca



Overview of benefits for student members

As an ODA student member, you're connected to the full strength of your professional association. Enjoy exclusive access to resources, programs, and support designed to help you succeed at every stage of your dental education. Take advantage of special benefits tailored specifically to your needs and experiences as a student and set yourself up for success. Here is just a glimpse of what's waiting for you.

Ontario Dentist Journal

Complement your studies by staying up to date on all the latest news, trends, changes and events related to the dental profession and ODA. Your subscription to the *Ontario Dentist* journal puts well-written and insightful articles in your hands 10 times each year, covering topics including clinical and practice management and much more.

Practice Management Resources

Access handy checklists and tools designed to help you purchase or open a dental practice. Plus, our tax resources simplify the complexities of accounting, tax and financial management.

The ODA Website

It's never too early to explore the resources available on the ODA website oda.ca. Your membership gives you full access to exclusive member benefits, valuable information and essential tools.

The ODA Online Job & Ad Board

When you are ready to launch your career, the ODA Job & Ad board will be an essential resource. This exclusive, province-wide listing connects you with opportunities from ODA member dentists looking to hire associates, find partners, or buy and sell practices. As a member, you can also post your own ads for free putting your name and skills in front of the right people. Start your job search with confidence by visiting the Job & Ad Board on the ODA website.

ODA Community Demographic Report

These reports provide you with insights about the dentists and the people in a community to help you better understand the specific community where you practice – or want to practice.

Annual Spring Meeting (ASM)

Enjoy **free access** to the ODA's Annual Spring Meeting, one of the largest conferences and trade shows in North America. This one-of-a-kind event features educational seminars, excellent networking opportunities, the chance to test drive new dental products and leading-edge technologies and much more. Learn more at asm.oda.ca

New Dentist Symposium (NDS)

New this year: Student members receive **50% off admission** to a unique continuing education experience for dentists in practice for 10 years or less. Access education opportunities, networking sessions and direct access to experts from around the industry who can offer valuable advice at the Roundtable Exchange. Learn more at nds.oda.ca

Member Discount Program

As a student member, you can tap into exclusive savings on travel, accommodations, fitness, wireless plans, and more. New deals and partners are added regularly, so check the Member Discount Program page often and make the most of your membership perks.

No-Cost Insurance and Financial Planning from CDSPI

Get objective education and advice on personal finances and no-cost life, disability, dental hand-tools and accidental death and dismemberment insurance – courtesy of CDSPI.

Created by dentists exclusively for the dental community, CDSPI is a not-for-profit organization that is endorsed and governed by the ODA and other dental associations across Canada to help dentists and dental students achieve and maintain financial wellbeing.

Join the 1,000+ dental students who have reaped the benefits of CDSPI, including:

- No-cost student insurance
- No-cost income tax returns through their partnership with MNP
- Group discounts for travel, auto and tenant insurance
- Advice on creating and sticking to a budget
- Managing debt
- Investing and preparing to start a practice
- 24/7 free wellness support and resources from the Members' Assistance Program provided by Telus Health



1.800.561.9401 cdspi.com

Explore cdspi.com/students.



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@CDSPIDentistsFirst

Learn how the ODA can expand your potential. Visit yourpotential.oda.ca for a complete list of all our products, programs and services.

Maximize value with our exclusive Member Discount Program.

Take advantage of cost savings with these offers that are tailored to meet your unique professional and personal needs.



WWW.ODA.CA/MDP

Are you trying to decide where to practice?
ODA Community Demographic Report service can help.

Reports provide the demographic profiles of
the dentists and the people living in a community.*



To order a report, please visit the
Reports to the Profession
page on www.oda.ca.

Reports include information about:

Dentists

- years in practice
- specialty
- position in practice
- population per dentist

Potential Patients

- population projections in three years
- number of children, working age or seniors
- education/income/employment
- language/ ethnicity

If you have any questions, contact

Rose Abate

ODA Director, Research
rabate@oda.ca

*Communities are defined by and are typically limited to between three and five adjoining postal areas.

Members' Assistance Program

When the pressure builds We're here to help

Your Members' Assistance Program (MAP) provides you with immediate and confidential help for any work, health or life concern. We're available anytime and anywhere. **Let us help.**

What is MAP?

Your MAP is a confidential and voluntary support service that can help you take the first step toward change. Let us help you find solutions to the challenges you face at any age and stage of life. You can access immediate and confidential support in a way that is most suited to your preferences, comfort level and lifestyle.

No cost

Sponsored by CDSPI, there is no cost for you to use MAP. Your MAP can provide a series of sessions with a professional and if you need more specialized or longer-term support, our team of experts can suggest an appropriate specialist or service that is best suited to your needs. While fees for these additional services are your responsibility, they may be covered by your provincial or private health plan.

Confidentiality

Your MAP is completely confidential within the limits of the law. No one, including CDSPI, will ever know that you have used the program unless you choose to tell them.

provided by



sponsored by CDSPI as a benefit of ODA membership



Solutions for your work, health and life

Achieve wellbeing

- Stress
- Mental health concerns
- Grief and loss
- Crisis situations

Manage relationships and family

- Communication
- Separation/divorce
- Parenting

Deal with school challenges

- Stress
- Performance
- Work-life balance

Tackle addictions

- Alcohol
- Drugs
- Tobacco/nicotine
- Gambling

Online Extras

- Fitness sessions
- Assessments
- Perks – discounts and exclusive offers

Get legal advice

- Family law
- Separation/divorce
- Real estate

Find child and elder care resources

- Child care
- Schooling
- Nursing/retirement home



CARE-GIVING SUPPORT

For the people you care for **beyond the chair.**



FITNESS OFFERS

Great dentists deserve **great health.**



FINANCIAL PLANNING

Because your finances deserve the **same care as your patients.**



MAP PERKS

Perks aren't just for patients.



MENTAL HEALTH

Where dental health **meets mental health.**



Access MAP 24/7
by phone, web or mobile app

1.844.578.4040
Online: one.telushealth.com
or download the
TELUS Health One App

Username: Dentalstudent
Password: CDSPI



The Ontario Dental Association, Your Bridge Back Home

You may study away from home, but your dental community is right here.

Whether you're studying dentistry across Canada or abroad, the ODA keeps you connected to Ontario's dental community. We help you stay informed, supported and ready to build your career back home.

Why Join Now as a Student Member

- Connection to a strong professional network and mentorship community in Ontario
- Stay updated on the Ontario healthcare system, industry trends and latest advancements
- Access the ODA's job board and demographic reports to help kick-start your career search at home
- Practice Management seminars on a broad range of topics to support your transition from dental school to dental practice, with accompanying tools, resources and checklists
- Be a part of advocacy efforts that are shaping the future of dentistry in Ontario
- Free registration to the Annual Spring Meeting, one of North America's largest dental trade shows
- Member Discounts for a variety of products and services
- Member Assistance Program (mental health support, financial guidance)
- Dedicated Student Services Coordinator to help keep you connected while you're studying away and support your transition home



"My education in Alberta has provided me with a strong clinical foundation, and I am excited to bring my passion for dentistry to Ontario upon graduation. I am grateful for the opportunities that ODA membership provides to network and connect with other professionals, as well as for the support in making my transition from dental student to practitioner a smooth one. I am committed to delivering high-quality, patient-centred dental care to the community."

Malav Shah,
ODA Member,
University of Alberta

How Much Does It Cost?

Your out of province membership is deeply discounted to reflect your unique offer. **Our lowest cost membership at \$69 + HST**, is paid once and automatically renews every year of school. You will also receive your first year as a new dentist absolutely free.

How Do I Apply?

Visit our website to [download an application](#) or contact: **Courtney Willis**, Coordinator Events and Programs, Student Services at cwillis@oda.ca

Membership Application for Students Studying Outside of Ontario

2025-2026

The ODA Membership Fee for Students Studying Outside of Ontario is \$69 plus HST \$8.97 = \$77.97.

This one-time fee payment covers your ODA student membership throughout dental school and your first year of practice as a licensed dentist in Ontario.

PLEASE PRINT CLEARLY

First Name: _____ Middle Name: _____

Last Name: _____

English Name _____

Male Female Date of Birth: (MM/DD/YYYY) _____ / _____ / _____

Primary Address (for mailing): _____

City: _____ Province: _____ Postal Code: _____

Home Telephone Number: _____ Mobile Number: _____

Preferred Email Address: _____

HST #108090945RT0001

Dental School: _____ **Graduation Year:** _____

Country of Study: Australia Ireland New Zealand USA Other: _____

Current Year of Study: First Second Third Fourth

Graduating Class: 2026 2027 2028 2029

Once graduated, I plan to practice in Ontario: Yes No

Payment Method:

Name _____ **Membership ID#** (if known) _____

Pay by Cheque (Full Payment only)

Cheque enclosed (Payable to Ontario Dental Association)

OR

Pay by Credit Card (Full Payment only)

All credit card payments must be made by calling the ODA at 1-800-387-1393

Application Questions

You can contact Courtney Willis, Coordinator, Events and Programs, Student Services at 416-922-3900 or 1-800-387-1393 ext. 3318 or email cwillis@oda.ca. **Note: Do not send application with credit card by email, as email is not secure.**

RETURN FULLY COMPLETED APPLICATION:

Mail: Ontario Dental Association
 4 New Street
 Toronto, ON M5R 1P6

ATTN: Courtney Willis, Coordinator, Events and Programs, Student Services